

“It’s Your Metabolism! Or is it?!”

**Panel discussion with personal trainer Pam Miller,
registered dietician Karen Trainoff,
and Dr. Roger McIntyre (Head of the Mood Disorders
Psychopharmacology Unit at UHN)**

Wednesday June 9th

7:00pm — 8:30pm

North Toronto Community Centre

200 Eglinton Ave W

RSVP to carlinb@mooddisorders.on.ca

or 416.486.8046 ext. 222



This one of a kind panel discussion will explore issues of the metabolic impacts of depression, anxiety and bipolar disorder as well as the medications used to treat them.

You will hear straight talk about whether it is your metabolism, and what you can do about it.

Free admission

Donations gratefully accepted

Part of the Distinguished Speakers Series



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